

TODAY, I TAKE A STEP TOWARD MY DREAMS.

I regularly review my goals and dreams. ***More importantly, I take at least one step each day to make my dreams come to life.*** I find this to be easy and joyful. Knowing that I am in control of my life is all the motivation I require.

Sometimes, I may find myself feeling challenged to take the next step. When this happens, I focus on the long-term.

I think of the joy of making my dreams a reality. I remember how far I have come. This renews my motivation and commitment. I know I am making my dreams come true.

When others are unsupportive of my dreams and the steps I take toward them, I am able to quietly keep pressing onward. ***I am free from needing the approval of others.*** I am focused on my life and goals. I am unstoppable.

My goals and dreams come to me easily and with minimal effort. I am clear about my dreams and the direction of my life.

As my dreams come closer to fruition, I find myself gaining even more momentum. Each successive step becomes easier and easier. My dreams come toward me faster and faster.

Today, I choose to take one huge step toward my dreams. For one day, I cast aside all doubt and hesitancy and seize the opportunity to make my dreams come true.

SELF-REFLECTION QUESTIONS:

1. What are my dreams?
2. What can I do today to make my dreams come true?
3. What resources do I need to take that step?